



CDC – Frequently Asked Questions

What is the CDC?

CDC is our newly formed Club Development Center. It's a development program created by the Canadian Soccer Association (CSA). In a nutshell, the CDC is a training program where the technical staff designs and manages the sessions. The sessions are in a festival format, where the group will split into 3 or 4 groups and run through the gauntlet of drills/stations set up. The coaches and staff will be following the age-appropriate curriculum set by the technical department.

Who is it for?

The CDC is for all players interested in training in a safe and fun environment where the emphasis is on player development. Too many players end up quitting sports by age 13 because of an unsuitable environment. The CDC aims to develop its club members in an suitable with the hopes that each player continues playing soccer into their into adulthood.

Is the CDC mandatory?

Depends, to partake in the regional league (Lac St Louis Youth League), you must register for the “full time” CDC. Those who chose “part time” will likely play their game of the week in our recreational program. If you would only like to participate in the recreational program you do not have to register for the CDC.

So long story short, yes it's mandatory for those who choose to be in the competitive program, optional for those in the recreational program.

What do the options mean?

There are two options for your son/daughter:

Part time, which means they would train one time per week and play a game in our recreational league.

Or

Full time; which means they would train either 2 or 3 times per week (depending on age) and play in our competitive league or recreational league.

If I choose “part time”, do I select the day in which my son/daughter attends?

No, those who opt for part time will be invited to the following session:

U9-U10: Tuesday

U11-U12: Monday

Is the CDC fee included in the competitive league fees?

No, CDC fee covers, amongst other fees; the league fees (games), referee fees, club fees, admin fees, etc.

The CDC cost is a separate fee, much like the tech staff fee was separate in the previous PDP set up.

If I register my daughter/son for full time CDC will they play intercity?

Not necessarily, we have a finite number of groups entered into the league (i.e. F10 has two groups paying games, 13 players per game) which means only a certain number of players will exclusively play in the league. These numbers are based on the players we had in our previous program (winter). In the event we are missing players we could pick another player from the CDC to participate in a given league game. Players who weren't in our winter program will mostly participate in the recreational league with the possibility of playing some games in the competitive league.

What are our options to choose from?

Here is a breakdown of options a player has:

- 1) Part time CDC + Recreational League
- 2) Full time CDC + Competitive Fee
- 3) Full time CDC + Recreational
- 4) Recreational



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Full time CDC player will play in either the competitive league or rec league. This is based on a couple of factors, number of groups in the league, number of roster spots available and an assessment from the club's technical staff.

Where is the CDC held?

Depends on which group your son or daughter is apart of. Our U8 CDC is held at Wilkinson & Benevoles mini. For the older groups U9 to U12, we will be on Smiley from May to July 19th and Eccelstone 1 from August until September.

When does the CDC start?

U8 May 22nd

U9-U12 The CDC starts Monday, May 3rd . This age group will have a two-week break during the construction holiday (between July 18th and August 1st) and will end on Friday, October 1st .

If I register my child to part time do I pay the competitive fee or recreational fee?

If you are registering for part time your game of the week will be with the recreational program, which means you pay the rec fee.